Nature Nurture in Action - Course Structure and Calendar

Term 1 (2022)

M1. What is Nature Nurture

- M1 SESSION 1 — 31 August 2022 — Why Nature Nurture?
  - SESSION 1 TASKS: CHILD PROFILE + RISK ASSESSMENT
- M1 SESSION 2 — 07 September 2022 — Nature Nurture - Best Practices
  - SESSION 2 TASK: FIVE-SESSION NATURE NURTURE PLAN
- M1 SESSION 3 — 14 September 2022 — Module 1 Reflection & Review
  - MODULE 1 — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning

- SESSION 4 — 21 September 2022 — Nurture – Educational Psychologists' Session on Nurture

M2. Understanding and Promoting Resilience

- M2 SESSION 5 — 28 September 2022 — What is Resilience?
  - SESSION 5 TASK: CHILD RESILIENCE ASSESSMENT
- M2 SESSION 6 — 05 October 2022 — Promoting Resilience and Wellbeing Outdoors
  - SESSION 6 TASK: FIVE-SESSION NATURE NURTURE PLAN

- SESSION 7 — 12 October 2022 — Nurture – Educational Psychologists' Session on Nurture

Term 2 (2022)

- M2 SESSION 8 — 02 November 2022 — Module 2 Reflection & Review
  - MODULE 2 — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning

M3. Understanding and Supporting Attachment

- M3 SESSION 9 — 09 November 2022 — What is Attachment Theory?
  - SESSION 9 TASK: 4-MINUTE ATTACHMENT CASE STUDY
- M3 SESSION 10 — 16 November 2022 — Working with Families Outdoors - **Part 1**
  - WEEK 10 TASK: 5-MINUTE ATTACHMENT CASE STUDY
- M3 SESSION 11 — 23 November 2022 — Working with Families Outdoors - **Part 2**
  - WEEK 11 TASK: 3 SESSION PLAN WITH CHILD/CARER
- M3 SESSION 12 — 30 November 2022 — Module 3 Reflection & Review
  - MODULE 3 — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning

M4. Supporting Positive Behaviour

- M4 SESSION 13 — 07 December 2022 — Understanding Behaviour
  - SESSION 13 TASKS: OBSERVE BEHAVIOUR + THEORISE CAUSES
- M4 SESSION 14 — 14 December 2022 — Supporting Positive Behaviour Outdoors
  - SESSION 14 TASKS: IMPLEMENT STATEGIES + EVALUATE EFFECTIVENESS
- M4 SESSION 15 — 21 December 2022 — Module 4 Reflection & Review
  - MODULE 4 — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning

Term 3 (2022-23)

M5. Developing Emotional Literacy, Growth Mindset & Building Self-Esteem

- M5 SESSION 16 — 11 January 2023 — Supporting Emotional Literacy
  - SESSION 16 TASK: PLAN 5-SESSIONS SUPPORTING EMOTIONAL LITERACY
- M5 SESSION 17 — 18 January 2023 — Promoting Emotional Literacy, Growth Mindset & Building Self-Esteem Outdoors
  - WEEK 17 TASK: CHOSE & IMPLEMENT 2 COURSE STATEGIES
- M5 SESSION 18 — 25 January 2023 — Module 5 Reflection & Review
  - MODULE 5 — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning

M6. Additional Support for Learning and Nature Nurture

- M6 SESSION 19 — 01 February 2023 — Additional Support Needs Outdoors
  - SESSION 19 TASK: HOLISTIC NEEDS ASSESSMENT
- M6 SESSION 20 — 08 February 2023 — Supporting Children with ADHD Outdoors
  - SESSION 20 TASK: REFLECT ON SUPPORTING ADHD
- M6 SESSION 21 — 15 February 2023 — Supporting Children with Autistic Spectrum Disorder Outdoors
  - SESSION 21 TASK: REFLECT ON SUPPORTING ASD
- M6 SESSION 22 — 22 February 2023 — Module 6 Reflection & Review
  - MODULE 6 — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning

M7. Practical Skills in Nature Nurture

- M7 SESSION 23 — 01 March 2023 — Risk Benefit Analyses
  - SESSION 23 TASKS: RISK BENEFIT ANALYSES + RISK MANAGEMENT POLICY
- M7 SESSION 24 — 08 March 2023 — Emotional Boundaries
  - SESSION 24 TASK: EVIDENCE SUPPORTING EMOTIONAL/SOCIAL DEVELOPMENT
- M7 SESSION 25 — 15 March 2023 — Building Shelters with Children
  - SESSION 25 TASK: RISK BENEFIT ANALYSES + EVIDENCE BUILDING SHELTER
- M7 SESSION 26 — 22 March 2023 — Building & Managing Campfires Safely with Children
  - SESSION 26 TASK: RISK BENEFIT ANALYSES + EVIDENCE CAMPFIRE SETUP

M7. Practical Skills in Nature Nurture (Continued)

- M7 SESSION 27 — 29 March 2023 — Tools and Ropes with Primary 1-7
  - SESSION 27 TASK: RISK BENEFIT ANALYSES + EVIDENCE 3 CRAFT PROJECTS
- M7 SESSION 26 — 19 April 2023 — Outdoor Activity Ideas for Primary 1-7
  - WEEK 26 TASK - CHOOSE FROM: 1500 WORD ESSAY / 3 MIN PRESENTATION / 3 MIN VIDEO
- M7 SESSION 27 — 26 April 2023 — Course Reflection & Review
  - MODULE 7 — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning

- SESSION 28 — 04 May 2023 — End of Course Reflection, Review & Next Steps
  - FINAL — REFLECTIVE ASSIGNMENT DUE: Share and discuss learning